

TOP TEN BITS OF ADVICE FROM WISDOM FROM MOM

- 1. Personal responsibility is the key to success.**
- 2. Consider "Future You" in all your choices.**
- 3. Hold your babies and children often.**
- 4. Focus on your child's inner struggles more than their behavior.**
- 5. Always keep your word.**
- 6. Think of a new opportunity as an adventure.**
- 7. Progress isn't usually made in a straight line.**
- 8. Find meaningful work.**
- 9. Seek out your people.**
- 10. Tell people how you feel.**